

**M**ONDAY

**M**ORNING

**M**EMO

**JANUARY  
2008**

**Volume 52  
Issue 1**



**A Message from President Tonya**  
**"Here We Go!"**

Missouri Jaycees! Welcome to 2008! We're only a few days into the year, but you should have your plan for 2008 ready or in the works. You can find the Missouri Jaycees 2008 State Plan of Action on the [www.mojc.org](http://www.mojc.org) webpage under the Organization page. My personal Jaycee goals include new chapter extensions, increased corporate sponsorship for the Missouri Jaycees, increased number of Missouri Jaycees members achieving Certified Local Trainer status, improved training offered at state meetings and giving chapters what they need to succeed!

At our planning session in November, we came up with a list of possible extensions for 2008, based on people we already know. The working list we came up with includes: Maryville, South County (Oakville/Melville), St. Joseph, Independence, Chillicothe, Charleston, Farmington, Kirkwood, Canton, Drury College, Kirksville, Kearney, High Ridge, Lee Summit, Marshall, Howard County, Holts Summit, Crawford County, Parkville, Linn County and Bolivar. I'm asking you to think of people you know of that are possible recruits for those areas and forward their information to your assigned Vice President, COB Jennifer or myself. It is my goal to have six new chapter extensions in 2008.

In an effort to make our state organization more fiscally sound, I am going to be pushing for new corporate sponsorships in 2008. These sponsorships will help us to increase our "rainy day" fund, allow us to look into the idea of statewide marketing initiatives, offer more incentives to chapters, publish the IMPACT newspaper, make overdue technology upgrades to the State Service Center and allow for additional travel reimbursements to state team members in order to serve you better. The reimbursement rate for state team travel expenses has remained the same for years, while gas prices and cost of living have risen. I'd really like us to get to a point where they don't have to pay many of their travel expenses out-of-pocket. It is my goal to secure four additional corporate sponsorships for the



**Tonya Benton**  
**2008 State President**

Missouri Jaycees in 2008. If you have any leads for corporate sponsorships, please tell a state team member.

Having gone through JCI Presenter & JCI Trainer in March 2007, I became energized about the quality training we have at our fingertips. JCI PRIME was brought to Missouri in October and we had fifteen graduates. They can now conduct training and submit twenty-five hours of training for consideration as a JCI Certified Local Trainer. We are already working to get JCI Presenter & JCI Trainer brought to Missouri this year. We currently only have one person that is a Certified Local Trainer from Missouri. My goal is to have six Missouri Jaycees achieve Certified Local Trainer status in 2008. I encourage you to talk with those that have been through JCI PRIME. They will tell you this national training is "top-notch." I hope that you will be sure your chapter members are included in the national training offerings for 2008.

At the planning session, we also discussed, at length, the need for more diverse training at state meetings. People wanted to see more than Jaycee-specific training at state meetings. The state team is going to work hard this year to offer you more diverse trainings, including areas like Health & Fitness and Financial Management. If you have a training in mind that you would like to see, please tell a 2008 Vice President and we will try to accommodate at future state meetings.

Each of the chapters in Missouri has their own personality, focus and knowledge base. The state team can do its best in guessing what the specific needs are of your chapter, but that doesn't always work in getting your chapter what it actually needs. One chapter may need recruitment training, while another may want to know what leadership opportunities are beyond the local level and yet another may need an idea for a big fundraiser. My goal is to provide you with the tools and knowledge you need to have a successful 2008. I'm asking you to take a proactive role in conveying your chapter needs to the 2008 State Team. I'm also asking you to take advantage of the training opportunities that are already in place, like LOTS and state meetings.

We need to work together within our chapters, among the chapters in our region and state, and strengthen relationships between chapters and the State Team to ensure the success of chapters across Missouri. I've made my plan and goals! Have you made yours? Plan the work and work the plan. The State Team is here to help you in 2008! Please keep those communication lines open. "Let's Work Together" to make our chapters the best they can be in 2008!

*President Tonya*

Tonya Benton, 87th President

## **January Presidential POC Points**

10 Bonus POC points for every member that attends the "Hour of Power," Saturday, January 19th at State Convention.

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## **Vice President Sandy Backes**

Good Morning! Grab a cup of coffee and let's get 2008 started! First of all, I would like to say Congrats to the 2007 team for GOING THE DISTANCE and for a very successful year. I know that the 2008 team has plans to keep building from what 2007 had started.

Are your chapters having successful meetings? Do you have your chapter's board of directors positions filled? Are there any managerial needs you need from your state team? Let me know and we will see how we can help you. We are your state team, but we need our chapters to be successful for us to be successful. As Tonya's theme . . . "LET'S WORK TOGETHER." I still remember the saying from my college professors "the only stupid question is the one you didn't ask." Hey, I may not have all the answers, but I will sure try to help you find them.

If you have not already heard, I am the gatekeeper of the Missouri Jaycee 2008 Calendar. Please, send me emails with your dates and times of your meetings, your events to jayceesandy@hotmail.com. Also tell me if you have specific events where you need manpower help, and if you just need your state team members to come in and help spread the Jaycee message and help you get new members. Once I get the calendar set up, I will give updated versions to Joe to add to the state's website.

I enjoyed being the Region 9 District 1 Director in 2007, and looking forward to meeting more new people and making more new friends in 2008. As VP, I am assigned to Region 2. I have heard of the "friendly" competition being built between Regions 5 & 9. I have informed the Region 2 Director that one of my goals is the have Region 2 to steal away the excitement trophy at one of the state meetings during 2008. But no matter what region you are in, I would love to see excitement coming from members and chapters from all the regions in the state. So I hope to hear from Regions 3, 6 & 8 this year as well.

Hope to see everyone at the upcoming Region meetings and of course at Tan-Tar-A.

*Sandy Backes*

State Vice President 2008

## **Vice President James Danley**

Hello Missouri Jaycees, Happy New Year! So, how did 2007 turn out for each of you? Was it everything you hoped it would be and then some? With 2007 behind us we can now focus on New Beginnings. The New Year brings new leadership and new goals. It also brings the opportunity to better

our chapters. If we failed to accomplish some of our goals last year, we have a full year to do it now. I want to encourage each of you to make the best out of 2008.

I look forward to seeing each of you at our winter meeting in a couple of weeks. I am pumped about watching each of you celebrate your 2007 accomplishments. I am as equally excited about the training and motivation that will get us going for our 2008 Jaycee year. Make sure you take the opportunity to share our organization with those around you. Have people get involved so that you can have some help making a difference in your communities this year. I am excited and am looking forward to many great things in store for each of you this year. As always, communicate your chapter and individual needs with the state team as we are one of your greatest resources. "Let's Work Together!"

*James Danley*

State Vice President 2008

## **Vice President Paul Myers**

Well, here we are in a new year and we have lots of exciting training opportunities for everyone to take advantage of. At the upcoming state meeting we have reinstated the Hour of Power which you are not going to want to miss. We have special guests from across the nation as well as former State Presidents making a return to the stage to give us some exciting inspiration and insight.

As far as the full slate of trainings, we have everything from financial management, interview skills, stress relief, line dancing, how to extend a new chapter, and the colors of our personality, as well as officer trainings. Did I really just say line dancing? Yes, we are going to try some new training this year so if you have an idea of what you would like to see, let me know and we'll see what we can do.

There has also been some interest in adding some competitions this year and we are planning that by the second state meeting. In order to have a successful competitions list we need competitors. So let's get as many people in Speak-up, Write-up, and First Timers as we can. Each of these competitions can benefit us as a state so let's get out there and see who can dazzle the judges. As you can see it's going to be a fun and busy year-end meeting. Come on out and *LET'S WORK TOGETHER!!!*

*Paul Myers*

State Vice President 2008

## Vice President Lorie Thompson

Welcome to 2008! New board members for chapters are busy all over the state planning for this great year ahead of us! Don't forget some important programs to include in your chapter plans and budgets. Access Day at the State Fair is a program conducted by the Missouri Jaycees every year on the last Friday of the State Fair in Sedalia. We host individuals with disabilities from all over the state to attend the fair and provide them lunch, entertainment, assistance in and out of their vehicles and around the fair. Please set aside August 15 to attend this fantastic event—it is worth taking a day off work to come!

Wonderland Camp is a camp on the Lake of the Ozarks for mentally and physically disabled individuals. In the spring and fall, the Missouri Jaycees prepare the camp for the upcoming seasons at work weekends. Please put the spring work weekends of April 4-6-Corps, and April 11-13-All Region, and the fall work weekends of October 3-5-Corps and October 10-12-All Region on your calendars to visit this great facility.

Both of these programs would not run without the strong financial support of the Missouri Jaycees. PLEASE, set aside money for both of these causes in your chapter budgets.

I look forward to seeing you all at LOTS and Winter Meeting!

*Lorie Thompson*

State Vice President 2008

## IMPACT Newspaper

Happy New Year! I have accepted the position of Content Editor for the 2008 IMPACT newspaper. Here is some information on how to get your articles and pictures in the Missouri Jaycees IMPACT Newspaper.

The IMPACT due dates for 2008 are as follows...

February 2008 Issue - January 15  
May 2008 Issue - April 15  
August 2008 Issue - July 15  
November 2008 Issue - October 15

I prefer to accept articles by email at [bepple@downtownwashmo.org](mailto:bepple@downtownwashmo.org), but I will accept them by snail mail and fax. I also prefer digital pictures, but will accept regular photos as well. When saving your articles and photos please save them in this format...

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Article Example:

Region Chapter Author Title

5 Washington Bryan Bogue Upcoming Events

Photo Example:

Region Chapter Who & What

5 Washington Danielle & Kenny at the Demo Derby

If you have any questions, I can be reached at cell: 636-346-1444 or work: 636-239-1743.

*Bridgette Epple*

IMPACT Content Editor

## Parade of Chapters

Hello, Missouri Jaycees! My name is Ann Kampeter and I will be your 2008 Parade of Chapters Program Manager. I am very pleased to be heading this program. I know P.O.C. plays a big role in most chapters, so feel free to contact me with any questions you may have about the program. Remember to keep those sign in sheets from general membership, region and state meetings because they, along with many other things, will earn you P.O.C. points.

I look forward to serving you this year. You can contact me by phone at 573-690-0779 or by email at [annkampeter@diamondpet.com](mailto:annkampeter@diamondpet.com). Have an awesome 2008!!

*Ann Kampeter*

2008 POC Program Manager

## **State Service Center News**

### **DECEMBER 2007 MEMBERSHIP RESULTS**

Here are the stats:

Total Billed in December 2007	=	236	
Total Renewals	=	132	(56%)
Total New Members	=	74	
Total Extensions	=	1	<i>WELCOME to the FENTON JAYCEES!</i>
Net (+/-)	=	(-30)	

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Congratulations to the following chapters, DDs and RDs on their outstanding membership growth achievements for DECEMBER:

**Top Growth Chapter for December:**

- **Jefferson City Jaycees**                      **Julie Morff, president**        **+22**

**Additional Growth Chapters for December:**

Capital City +4, Sikeston +3, Florissant Valley +2, Weston +2, Big Prairie +1, Bridgeton/Maryland Heights +1, Cottleville-Weldon Spring +1, Hermann +1, Mission Inn +1, Pacific +1, Warrenton +1, Webb City +2

**Top Growth District Directors for December:**

- Rhonda Schaaque                      Region 5, District 4                      +18
- Sandy Backes                              Region 9, District 1                      +15
- Holly Kosick                                Region 5, District 1                      +3

**Top Growth Region Directors for December:**

- Todd Sauter                                Region 5 Director                      +16
- Joyce Huber                                Region 9 Director                      +9

CONGRATULATIONS to the **JEFFERSON CITY JAYCEES** (Julie Morff, president) who completed another IN-CHAPTER EXTENSION in December to become the TOP GROWTH CHAPTER for December.

CONGRATULATIONS also to the **EUREKA JAYCEES** (Amy Silver, president) for extending the FENTON JAYCEES for December!

## **Chapter & Officers Directory**

Please let me know if there are corrections for the [Chapter and Officer's Directory](#) and I'll update the version that's available for download from the website. Click the link above for the latest version. Check back often to ensure you have the most recent contact information for everyone.

## **Membership Call-In Deadlines for 2008**

By the posted Call-In Deadline, we need to know who is renewing for the following month AND we need information on all new members (name, address and DOB). Chapters should forward that information to their District Director, Region Director, assigned Vice President and Executive Director Joe Jerkins by the following deadlines:

Month	Day	Close Out	Information Needed
January	Wednesday	January 30 <sup>th</sup>	Jan new members & Feb renewals
February	Thursday	February 28 <sup>th</sup>	Feb new members & Mar renewals
March	Thursday	March 27 <sup>th</sup>	Mar new members & Apr renewals
April	Thursday	April 24 <sup>th</sup>	Apr new members & May renewals
May	Thursday	May 29 <sup>th</sup>	May new members & Jun renewals
June	Thursday	June 26 <sup>th</sup>	Jun new members & Jul renewals
July	Wednesday	July 30 <sup>th</sup>	Jul new members & Aug renewals
August	Thursday	August 28 <sup>th</sup>	Aug new members & Sep renewals
September	Monday	September 29 <sup>th</sup>	Sep new members & Oct renewals
October	Thursday	October 30 <sup>th</sup>	Oct new members & Nov renewals
November	Tuesday	November 25 <sup>th</sup>	Nov new members & Dec renewals
December	Tuesday	December 30 <sup>th</sup>	Dec new members & Jan (09) renewals

### **EARLY RENEWAL DUES REBATE OFFERED!**

Renewal Dues for 2008 are \$53.00, which is the same as dues for new members. HOWEVER...chapters who submit their renewals (with payment or open check on file) by the posted closeout deadlines will receive a rebate credit of \$5 per renewal. If you have any questions, please contact Executive Director Joe Jerkins or any state officer.

### **Open Check Policy for Monthly Membership Dues**

Hopefully, your chapter is participating in the open check program for membership closeouts! If not, please contact [Joe Jerkins](#) at (573) 634-2321 for more details. It is really helpful when it comes to membership closeout when we must have a payment in hand before we can turn in your membership to the national organization.

*Joe Jerkins*  
Executive Director



# 2008 Winterland Extravaganza

Hosted by the Jefferson City Jaycees

January 18-20, 2008

Tan-Tar-A Resort Osage Beach, MO

<b>Early Registration</b> (Must be postmarked by December 19th)	<b>\$82.00</b>
<b>Late Registration</b>	<b>\$92.00</b>
<b>Room Rate per Night</b>	<b>\$81.00</b>

Call Tan-Tar-A Resort at 800-826-8272 for your reservation and identify yourself as a MO Jaycee or make your reservation online at [www.tan-tar-a.com](http://www.tan-tar-a.com). Use Group #JAYC.

For more information, call 573-645-0779 or send an email to [sarahbeth74@embarqmail.com](mailto:sarahbeth74@embarqmail.com)

Mail Registration to: Winterland Extravaganza  
 C/O Sarah Bernskoetter  
 2211 Brandy Lane  
 Jefferson City, MO 65109

Make checks payable to "Jefferson City Jaycees".  
Please complete for each individual registered or attach list:

Chapter: \_\_\_\_\_  
 Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \_\_\_\_\_  
 Phone: \_\_\_\_\_

**All paid full registrations postmarked by  
 December 19th will be entered in a prize drawing to be  
 held during the convention.  
 Postmark your registration by November 19th for an extra  
 chance to win!!!**



# Missouri Jaycees State Convention



Tan-Tar-A Resort, Lake of the Ozarks  
Hosted by the Jefferson City Jaycees  
January 18-20, 2008



**Honoring our Outstanding Young Missourians & Young Farmers**

## OVERALL AGENDA

### FRIDAY, January 18, 2008

6:00 p.m. -10:00 p.m.	Registration Open	Main Lobby (Bldg A)
	Individual Competition Registration	Main Lobby (Bldg A)
7:00 p.m. - 8:30 p.m.	TRAINING: "Jaycees 101"	Rm. 74/75 (Bldg A)
8:30 p.m. - 9:30 p.m.	PERSONAL SKILLS: "Line Dancing"	Rm. 74/75 (Bldg A)
9:00 p.m. -10:00 p.m.	Future Directions Committee Meeting	Suite G (Bldg D)
9:00 p.m. - 3:00 a.m.	Friday Night Mixer	Northwinds (Bldg D)
9:00 p.m. - ___???	Missouri JCI Senate Hospitality ( <i>Senators &amp; Invited Guests only</i> )	Suite 203
10:00 p.m. -10:30 p.m.	First Timers Orientation ( <i>hosted by the Missouri JCI Senate</i> )	Suite G (Bldg D)
10:45 p.m. -12:00 a.m.	EXECUTIVE COMMITTEE MEETING ( <i>Business Casual Attire</i> )	Suite G (Bldg D)
11:00 p.m. -11:45 p.m.	Write-Up Competition	Rm. 74/75 (Bldg A)

### SATURDAY, January 19, 2008 (Business Attire for all Trainings & Luncheon)

8:00 a.m. -10:00 a.m.	Registration Open	Main Lobby (Bldg A)
ALL DAY & EVENING	Missouri JCI Senate Hospitality Room ( <i>Senators &amp; Invited Guests only</i> )	Suite 203
8:30 a.m. - 9:30 a.m.	Missouri Jaycees Foundation Meeting	Black Bear Lodge (Bldg B)
8:30 a.m. - 9:30 a.m.	Speak-Up Competition	Rm. 71 (Bldg A)
8:30 a.m. - 9:30 a.m.	TRAINING: <i>Program Managers</i>	Rm. 70 (Bldg A)
8:30 a.m. - 9:30 a.m.	TRAINING: <i>Region &amp; District Directors</i>	Rm. 73 (Bldg A)
8:30 a.m. -10:00 a.m.	TRAINING: <i>Local Presidents</i>	Parasol I (Bldg A)
9:30 a.m. -10:30 a.m.	TRAINING: "Job Interviews & Resume Writing"	Rm. 73 (Bldg A)
	TRAINING: "Effective Communication Skills for Leaders"	Rm. 72 (Bldg A)
	TRAINING: "Parade of Chapters"	Rm. 71 (Bldg A)
10:00 a.m. -12:00 p.m.	Missouri JCI Senate Meeting	Suite G (Bldg D)
10:30 a.m. -11:30 a.m.	TRAINING: "Job Interviews & Resume Writing"	Rm. 73 (Bldg A)
	TRAINING: "Effective Communication Skills for Leaders"	Rm. 72 (Bldg A)
	TRAINING: "Credit & Financial Management"	Rm. 71 (Bldg A)

Sponsored by:



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**Missouri Jaycees State Convention**  
**January 18-20, 2008**

**OVERALL AGENDA**

**SATURDAY, January 19, 2008** (continued)

12:00 p.m. - 1:00 p.m.	AWARDS LUNCHEON ( <i>Business Attire</i> ) Wonderland Camp Program ON-TO Memphis Registration 2007 3 <sup>rd</sup> Period Awards 2007 Year-End Awards	Northwinds (Bldg D)
1:00 p.m. - 2:00 p.m.	TRAINING: "The Hour of Power"	Northwinds (Bldg D)
2:30 p.m. - 3:30 p.m.	TRAINING: "Credit & Financial Management" TRAINING: "Stress Relief & Meditation" TRAINING: "Starting New Chapters"	Rm. 71 (Bldg A) Rm. 72 (Bldg A) Rm. 73 (Bldg A)
3:30 p.m. - 5:00 p.m.	Muleskinners Corp. Meeting	Suite G (Bldg D)
3:30 p.m. - 5:00 p.m.	Show-Me Corp. Meeting	Rm. 74/75 (Bldg A)
5:00 p.m. - 6:00 p.m.	OYM & OYF Honorees Reception ( <i>Black Tie Preferred</i> )	Parasol I (Bldg A)
6:30 p.m. - 10:30 p.m.	OYM & INAUGURAL BANQUET ( <i>Black Tie Preferred</i> ) Outstanding Young Missourians & Outstanding Young Farmer Award's Program Installation of 2008 State Officers	Salon A (Bldg A)
10:30 p.m. - 3:00 a.m.	Dancing & Party! ( <i>Casual Attire</i> )	Northwinds (Bldg D)

**SUNDAY, January 20, 2008**

7:30 a.m. - 8:30 a.m.	Buffet Breakfast	Parasol I (Bldg A)
9:00 a.m. - 11:00 p.m.	GENERAL MEMBERSHIP MEETING ( <i>Business Attire</i> )	Salon A (Bldg A)
11:00 a.m.	Adjournment	



# **STATE CONVENTION**

## **TRAINING OPPORTUNITIES**

### **"Jaycees 101"**

**Friday at 7:00 p.m.**

**Rm. 74/75 (Bldg A)**

POC - CPG - DD - RD - WHAT DOES IT ALL MEAN??? IF this is you, then this training session is for you. Not only will you learn the answers to what all those acronyms mean but all the other questions you have about the greatest organization for young people today. More importantly you will learn about what your role and your contributions provide to the Jaycees and the full spectrum of benefits available to you as a member. So we look forward to seeing you for what surely will be an hour to remember. (*Trainers: Lesley Immekus, Allen Coil, Stephen Coffey*)

### **"Personal Skills – Line Dancing"**

**Sat. at 8:30 p.m.**

**Rm. 74/75 (Bldg A)**

Come join us for some fun and learn some basic line dances. (*Trainers: Sandy Backes, Senator #64521, 2008 State VP; Lesley Immekus, JCI PRIME graduate, 2008 President Jefferson City Jaycees; DeNel Holliday, 2008 Management VP Jefferson City Jaycees*)

### **Program Managers Training**

**Sat. at 8:30 a.m.**

**Rm. 70 (Bldg A)**

This session will focus on the coordination, promotion and fundraising for state programs. It is intended for 2008 Program Managers. (*Trainer: Patricia Yates, Senator #62702, 2008 Program Managers Coach*)

### **Region & District Directors Training**

**Sat. at 8:30 a.m.**

**Rm. 73 (Bldg A)**

Understand your new position and how to set your goals for the year. You'll learn where to focus and how to start the year off right. (*Trainers: Kristi Webb, Senator #65298, 2008 Chief of Staff, JCI PRIME Graduate; Jennifer Boggs, Senator #67050, 2008 State COB, JCI PRIME Graduate, State President 2007*)

### **Local Presidents Training**

**Sat. at 8:30 a.m.**

**Parasol I (Bldg A)**

What do you need to know to kickstart your chapter in 2008? U.S. Jaycees Blue Chip and Parade will be discussed, along with completing your chapter plan. Get your year off to a great start with advice from your 2008 National Vice President, Debbie Holbrook. (*Trainers: Tonya Benton, Senator #66222, MOJC President, JCI PRIME Graduate & Debbie Holbrook, CLT, USJC National Vice President*)

### **"Job Interviews & Resume Writing"**

**Sat. at 9:30 a.m. & 10:30 a.m.**

**Rm. 73 (Bldg A)**

This course is intended for any Jaycee who would like to learn more about the job interview process. The course will teach participants how to write resumes that impress employers. The job interview process will be discussed in great detail. This course is intended to be very interactive. (*Trainers: James Danley, 2008 State VP, JCI PRIME Graduate, Human Resources Manager, SPHR Certification; Jamey Biegener, Membership VP Cottleville-Weldon Spring Jaycees, JCI PRIME Graduate*)

### **"Effective Communication Skills for Leaders"**

**Sat. at 9:30 a.m. & 10:30 a.m.**

**Rm. 72 (Bldg A)**

"Colors of Personality & Body Language" - Did you always want to know what someone else was thinking? Did you wonder why you had challenges with some people and others were easy to get along with? This is the training for you!! We will dig into each of our personalities and see why we do the things we do and see how to head off confrontation by reading the body language in the room. This will be a very interactive training. (*Trainer: Paul Myers, 2008 State VP, CLT +25*)

# **STATE CONVENTION**

## **TRAINING OPPORTUNITIES**

### **“Parade of Chapters”**

**Sat. at 9:30 a.m.**

**Rm. 71 (Bldg A)**

Learn how to turn what your chapter does into an award-winning competition! See just how easy it is to compete in the Parade and get recognized for your efforts! Geared toward anyone who wants to learn more on how to maximize your points and for those who want to begin competing. (**Trainers: Kristi Webb**, Senator #65298, 2008 Chief of Staff, JCI PRIME Graduate; **Jennifer Boggs**, Senator #67050, 2008 State COB, JCI PRIME Graduate, State President 2007)

### **“Credit & Financial Management”**

**Sat. at 10:30 a.m. & 2:30 p.m.**

**Rm. 71 (Bldg A)**

How do I read my credit report? What is my score? What does it mean? What does it mean to the lender looking at my car loan, mortgage, or credit card application? Bring your own report to ask confidential questions. Get a free copy of your report online at [www.annualcreditreport.com](http://www.annualcreditreport.com). (**Trainers: Lee McDaniel**, Region 6 Director, Mortgage Sales Manager for Heartland Funding Corp, BA Brown University; **Sandy Backes**, Senator #64521, 2008 State VP, Safekeeping/Bond Accounting Supervisor with Central Bank, BS Accounting, Lincoln University.)

### **“The Hour of Power”**

**Sat. at 1:00 p.m.**

**Northwinds (Bldg D)**

Come to this session and get fired up! This Hour of Power features motivational talks by Jaycee leaders past and present. (**Speakers: Ed Hart** – 34th President of the U.S. JCI Senate, **Brad Wetter** – Missouri Jaycees President 1986-87)

### **“Stress Relief & Meditation”**

**Sat. at 2:30 p.m.**

**Rm. 72 (Bldg A)**

Do you sit at a desk all day? Or maybe you have to do heavy lifting daily? Perhaps work itself stresses you out? Then it sounds like you need to come to the work wellness and relaxation training. You will learn basic techniques to help relieve stress and tension during the workday. Along with that you will learn how to relax the mind quickly as well as avoid physical stressors such as improper posture and lifting. You will also learn simple exercises to help ease repetitive movements and avoid debilitating problems such as carpal tunnel syndrome and computer vision syndrome. (**Trainers: Lorie Thompson** – 2008 State VP, active member since 1999 holding a variety of state and local offices, and she is a registered Occupational Therapist that has worked in a variety of settings. **Holly Kosick** – 2008 District Director, JCI PRIME graduate; has worked a desk job for over 7+ years where stress is a daily occurrence.)

### **“Starting New Chapters”**

**Sat. at 2:30 p.m.**

**Rm. 73 (Bldg A)**

There are many communities that could benefit from a new Jaycee chapter. Learn what it takes to start a new chapter including preliminary planning, building relationships & garnering support, closing the deal and more. (**Trainer: Debbie Holbrook**, CLT, 2008 USJC National Vice President)

Sponsored by:  **FCS Financial**



# MISSOURI JAYCEES Chapter Vital Stats - 2008



Please complete **NO LATER THAN** December 1, 2007 and FAX to: (573) 634-4859 or mail to:  
MISSOURI JAYCEES, 222 E. Dunklin Street, Ste. 100, Jefferson City, MO 65101-3127.

Chapter Name: _____	
Mailing Address: _____	Clubhouse Phone: _____
City, State, Zip: _____	Web Page: _____
Membership Mtg Day & Time: _____	Meeting Location: _____
Board Mtg Day & Time: _____	Meeting Location: _____

President: _____
Spouse: _____
Mailing Address: _____
City, State, Zip: _____
Home Phone: _____
Work Phone: _____
E-Mail: _____
Cellular: _____

Membership VP: _____
Spouse: _____
Mailing Address: _____
City, State, Zip: _____
Home Phone: _____
Work Phone: _____
E-Mail: _____
Cellular: _____

MDVP: _____
Spouse: _____
Mailing Address: _____
City, State, Zip: _____
Home Phone: _____
Work Phone: _____
E-Mail: _____
Cellular: _____

CDVP: _____
Spouse: _____
Mailing Address: _____
City, State, Zip: _____
Home Phone: _____
Work Phone: _____
E-Mail: _____
Cellular: _____

IDVP: _____
Spouse: _____
Mailing Address: _____
City, State, Zip: _____
Home Phone: _____
Work Phone: _____
E-Mail: _____
Cellular: _____

Treasurer: _____
Spouse: _____
Mailing Address: _____
City, State, Zip: _____
Home Phone: _____
Work Phone: _____
E-Mail: _____
Cellular: _____

**The Membership V.P. will be contacted each month for close-out information, UNLESS you specify someone different:**

<u>Please list your chapters 3 largest projects:</u>	<u>Tentative Date(s):</u>
1) _____	1) _____
2) _____	2) _____
3) _____	3) _____



*Missouri Jaycees*  
**REQUEST FOR STATE GUEST**

**Please enter the requested information and send this document to the address below.**

**Date of Request:** \_\_\_\_\_ **Chapter:** \_\_\_\_\_

**Requested by:** \_\_\_\_\_ **Title:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **ZIP:** \_\_\_\_\_

**Phone (best to reach you):** \_\_\_\_\_

**E-mail:** \_\_\_\_\_

**State Guest Requested:** \_\_\_\_\_

**Function that State Guest will be attending:** \_\_\_\_\_

**Attire (circle one):** Casual Business Formal Other \_\_\_\_\_

**What is the date and approximate time that you would like them to arrive?** \_\_\_\_\_

**What is the date and approximate time that they will be departing?** \_\_\_\_\_

**Plan of how the State Guest will be utilized throughout the visit:**

Day	Time of Activity	Activity (What will the State Guest be doing? training, speaking, recruiting, etc)	# of Members in Attendance

**Send State Guest Request Form to:**  
**Kristi Webb, Chief of Staff**  
*917 NE Wein Avenue, Blue Springs, MO 64014*  
*kristiwebb@aol.com*



**MISSOURI JAYCEES**  
222 East Dunklin, Suite 100  
Jefferson City, MO 65101-3127

ADDRESS SERVICE REQUESTED